



Group Volunteer Opportunities

The success of DASH programs would not be possible without the dedication and passion of volunteers! At DASH, you play a vital role in supporting survivors of domestic violence and their families in safe housing. **Please consider joining us in one of these capacities!**

- 1. Family Movie Night-** The last Friday of every month, DASH hosts a family movie night for DASH residents. Sponsoring a movie night includes providing a movie, bringing movie snacks, and watching the film with us! (8-10 volunteers)
- 2. DASH Beautification -** We are always looking for volunteers to organize the children's playroom and engage in outside projects like gardening and support beautification projects. Volunteer groups are encouraged to engage in Domestic Violence 101 training as part of their volunteer experience. (8-10 volunteers)
- 3. Denim Day -** Host a "Denim Against DV" day in your office to support DASH! Engage your employees to give back by purchasing stickers to wear jeans on a particular day or throughout a certain month.
- 4. Host a Drive -** Help us ensure that every DASH family has the basic essentials and a happy holiday by hosting a drive at your office, apartment building, or among your friends and family. Hosting a drive for the following Wish List items is extremely helpful for over 60 adults and 90 children each year:
 - Back-to-School (backpacks, school supplies)
 - Stock the Pantry (soups, pastas, rice, cereal)
 - Toiletries (New shampoo/conditioner, lotion, soap, toothbrush/paste)
 - Holiday Shop (new toys, gift cards for teens and moms)

DASH offers an overview of our programs and domestic violence 101 at the start of each group volunteer activity. DASH's Volunteer Coordinator will provide more details for each activity.

If you would like more information, would like to sign up, or have an idea that you don't see here please contact Rose Ole-Kuyan at role-kuyan@dashdc.org or call 202-462-3274 x 238.

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